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# Doctor Nagler's Hypnosis To Stop Drinking



## Synopsis

Welcome to Doctor Nagler's Hypnosis to Stop Drinking Program. You can stop drinking today, without irritability or withdrawal. All you need is one session, which takes about an hour. Hypnosis is an altered state of heightened suggestibility that opens a window into your subconscious mind. During this period I implant a new non-drinkers belief system, that puts you in control of your alcohol cravings. For the first time in your life, you will be in control of your desire to drink, not the other way around. When the urge to drink hits, you will be able to turn off your cravings. You will think and act like a non-drinker. After a very few weeks, your addiction will disappear, and you will no longer desire to drink at all.

## Book Information

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